

Mony Mony



Choreographed by: Maggie Gallagher
Music: **Mony Mony** by **The Dean Brothers** (CD: Kiss Me Honey, Honey – 141 bpm)
Type: 1 wall, Phrased
Level: Intermediate

NOTES: Part A is the verse, Part B is the chorus. It will always be danced Verse-Chorus right through.

PART A:

WALK, WALK, POINT, CROSS, POINT, CROSS, FORWARD-ROCK

1 – 2 Step right forward, step left forward.
3 – 6 Touch right to side, cross right over left, touch left to side, cross left over right.
7 – 8 Rock right forward, recover to left.

¼ RIGHT, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

1 – 2 & 3 Turn ¼ right and step right to side, clap, clap, clap.
&4&5 Step left together, step right to side, step left together, step right to side.
6 & 7 – 8 Clap, clap, clap, hold.

FORWARD-ROCK, TRIPLE ½ TURN, FORWARD-ROCK, TRIPLE ½ TURN

1 – 2 Rock left forward, recover to right.
3 & 4 Triple step left, right, left making ½ turn left.
5 – 6 Rock right forward, recover to left.
7 & 8 Triple step right, left, right making ½ turn right.

STOMP, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

1 – 2 & 3 Stomp left to side, clap, clap, clap.
&4&5 Step right together, step left to side, step right together, step left to side.
6 & 7 – 8 Clap, clap, clap, hold.

WALK, WALK, POINT, CROSS, ETC.

1 – 24 Repeat the first 24 counts of Part A.

LEFT TOGETHER, LEFT TOUCH, RIGHT TOUCH, LEFT TOUCH.

1 – 2 Step diagonally forward left, step right together.
3 – 4 Step diagonally forward left, touch right together
5 – 6 Step diagonally forward right, touch left together.
7 – 8 Step diagonally forward left, touch right together.

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

1 – 2 Touch right to side, drop heel to take weight.
3 – 4 Turn ½ right and touch left toe to side, drop heel to take weight.
5 – 6 Turn ½ left and touch right toe to side, drop heel to take weight.
7 – 8 Turn ½ right and touch left toe to side, drop heel to take weight.

Option Do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs".

Continues...

Mony Mony



...Continued

PADDLE TURNS (FULL TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1 – 2 Step right forward, turn $\frac{1}{4}$ left (weight to left).
3 – 4, 5 – 6, 7 – 8 Repeat steps 1 – 2 three times.

PART B:

STEP, SHIMMY, TOUCH, CLAP, STEP SHIMMY, TOUCH, CLAP

- 1 – 4 Step diagonally forward right with knees bent, slide left together shimmying shoulders, touch left together straightening knees, clap.
5 – 8 Step diagonally forward left with knees bent, slide right together shimmying shoulders, touch right together straightening knees, clap.

BACK STRUT, BACK, STRUT, BACK STRUT, BACK STRUT

- 1 – 2 Touch right toe back, drop heel to take weight.
3 – 4 Touch left toe back, drop heel to take weight.
5 – 6 Touch right toe back, drop heel to take weight.
7 – 8 Touch left toe back, drop heel to take weight.

Option: Do "hairbrushes" with finger clicks (like in the 60s) during these toe-struts.

KNEE-POP, HOLD, KNEE-POP, HOLD, KNEE LEFT, RIGHT, LEFT, RIGHT

- 1 – 2 Pop your left knee in, hold.
3 – 4 Pop your right knee in, hold.
5 – 8 Pop your left knee in, pop your right knee in, pop your left knee in, pop your right knee in.

ROLLING VINE RIGHT, ROLLING VINE LEFT

- 1 – 4 Step right, left, right, touch left and clap, making a whole turn right (traveling right).
5 – 8 Step left, right, left, touch right and clap, making a whole turn left (traveling left).

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1 – 2 Touch right to side, drop heel to take weight.
3 – 4 Turn $\frac{1}{2}$ right and touch left toe to side, drop heel to take weight.
5 – 6 Turn $\frac{1}{2}$ left and touch right toe to side, drop heel to take weight.
7 – 8 Turn $\frac{1}{2}$ right and touch left toe to side, drop heel to take weight.

Option Do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs".

PADDLE TURNS (ONE AND A HALF TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1 – 2 Step right forward, turn $\frac{1}{4}$ left (weight to left).
3 – 4, 5 – 6, 7 – 8 Repeat steps 1 – 2 three times.