

Ami Oh



Choreographed by: Daniel Trepát & Pim van Grootel
Music: **Ami Oh** by **African Connection**
Type: 4 wall, 32 counts
Level: Beginner/Intermediate

NOTES: Dance starts after 32 counts

2X CROSS SAMBA'S, 4X WALKS TURNING $\frac{3}{4}$ TURN LEFT

1 & 2 Cross right over left, step left to left side, recover onto right.
3 & 4 Cross left over right, step right to right side, recover onto left.
5 – 8 Walk right, left, right, left while making $\frac{3}{4}$ turn left.

SYNCOPATED COMPRESSED ROCK-STEPS, 4X SMALL HOPS FORWARD

1 & 2 Step right to right side bending both knees, recover onto left, step right next to left.
3 & 4 Step left to left side bending both knees, recover onto right, step left next to right.
5 Small hop forward with feet apart (knees are bend again).
6 – 8 Hop 3 more times as before and keep your knees bend.

SYNCOPATED ROCK-STEPS, STEP, HOLD, SHUFFLE RIGHT

1 – 2& Rock right to right side, recover onto left, step right next to left.
3 – 4& Rock left to left side, recover onto right, step left next to right.
5 – 6 Step right to right side, hold.
&7 Step left next to right, step right to right side.
&8 Step left next to right, step right to right side.

JAZZBOX, BOUNCE FORWARD, BOUNCE BACK

1 – 4 Cross left over right, step right back, step left to left side, cross right over left.
5&6& Step left forward and bounce (bend knee), stretch left, bounce left (bend knee), stretch left.
7&8& Step right back and bounce (bend knee), stretch right, bounce right (bend knee), recover left next to right.

Start again!