

5-10-15 Swing!



Choreographed by: Scott Blevins (USA) June 2011
Music: **5-10-15 Hours** by **Blue Harlem** Feat. **Imelda May**
Type: 4 wall, Phased
Level: Intermediate/Advanced

NOTES: 16-count intro, AB AB AAA B. Start dancing on lyrics

PART A:

1 – 8: STEP AND SWING HIPS, STEP BACK & HOLD, CHASSE BACK

Note: Open body slightly to left diagonal

1 – 4 Step right forward (bend both knees and swing hips right), swing hips left, swing hips right, swing hips left (weight to left). Square up to 12:00 wall and straighten knees.
5 – 6 Step right back, hold.
7 & 8 Chasse back left, right, left.

9 – 16: ½ TURN & STEP, ½ TURN, SIDE ROCK-STEP AND CROSS X2

1 – 2 Turn ½ right and step right forward (6:00), turn ½ right and hitch right left knee (left foot is to side of right knee in "Figure 4" position) (12:00).
3 – 4 – 5 Rock left to side, recover to right, cross left over right.
6 – 7 – 8 Rock right to side, recover to left, cross right over left.

17 – 24: CHASSE & CROSS ROCK-STEP X 2

1 & 2 Chassé side left, right, left.
3 – 4 Cross/rock right over left, recover to left.
5 & 6 Chassé side right, left, right.
7 – 8 Cross/rock left over right, recover to right.

Note: The side steps with hands are strong poses.

25 – 32: SIDE & HOLD, FULL TURN PIVOT-STEP, SIDE & HOLD, ¾ PIVOT-STEP

1 – 2 Step left to side (hands to sides at waist level with palms down), hold.
3 – 4 Turn ¼ left and step right forward (9:00), turn ¾ left (weight to left) (legs are crossed) (12:00).
5 – 6 Step right to side (hands to sides at waist level with palms down), hold.
7 – 8 Turn ¼ right and step left forward (3:00), turn ½ right (weight to right) (9:00).

33 – 40: JAZZ-BOX WITH ½ TURN, CHASSE FWD, ROCK-STEP FWD

1 – 4 Step left forward, cross right over left, turn ¼ right and step left back (12:00), turn ¼ right and step right forward (3:00)
5 & 6 Chassé forward left, right, left
7 – 8 Rock right forward, recover to left.

41 – 48: CHASSE BACK WITH ½ TURN, ½ PIVOT-STEP, STEP & HOLD, FULL TURN (WALK 2)

1 & 2 Chassé back turning ½ right stepping right, left, right (9:00).
3 – 4 Step left forward, turn ½ right (weight to right) (3:00).
5 – 8 Step left forward, hold, turn ½ left and step right back (9:00), turn ½ left and step left forward (3:00).

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PART B:

1 – 8: STEP FWD, ¼ TURN & SIDE, HOLD, ¼ TURN & FWD, ¼ TURN & SIDE, HOLD, CROSS-ROCK

- 1 – 4 Step right forward, turn ¼ right and step left to side (6:00), hold, turn ¼ right and step right forward (9:00)
5 – 6 Turn ¼ right and step left to side (12:00), hold.
7 – 8 Cross/rock right over left, recover to left.

9 – 16: ¼ TURN & FWD, HOLD, CHASSE FWD WITH ½ TURN, ROCK BACK, BOOGIE WALKS

- 1 – 2 Turn ¼ right and step right forward (3:00), hold.
3 & 4 Chassé forward turning ½ right stepping left, right, left (9:00).
5 – 6 Rock right back, recover to left.
7 – 8 Step right forward, (lift right hip), step left forward (lift left hip) ("boogie walk").

17 – 24: STEP FWD, ¼ TURN & SIDE, HOLD, HIP BUMPS, HOLD, CROSS-ROCK

- 1 – 2 – 3 Step right forward (toe turned out), turn ¼ right and step left slightly side (hips left, keep knees straight/locked) (12:00), hold.
4 – 5 – 6 Bump hips left (knees straight/locked), push hips left (knees straight/locked), hold.
7 – 8 Cross/rock right over left, recover to left.

25 – 32: ¼ TURN & FWD, ¼ TURN & SIDE, "SAILOR STEP" WITH ½ TURN, SAILOR STEP X2

- 1 – 2 Turn ¼ right and step right forward (3:00), turn ¼ right and step left to side (6:00)
3 & 4 Cross right behind left, turn ¼ left and step left slightly forward (3:00), turn ¼ left and step right to side (12:00).
5 & 6 Left sailor step.
7 & 8 Right sailor step.

33 – 40: KICK X2, SAILOR STEP, BEHIND, ¼ TURN & FWD, ½ PIVOT-STEP, ¼ TURN & SIDE

- a1a2a Hitch left knee, cross/kick left over right (low and sharp), hitch left knee (sharply), kick left to side (low and sharp), hitch left knee (sharply).
3 & 4 Left sailor step.
5 & Cross right behind left, turn ¼ left and step left forward (9:00).
6 – 7 Step right forward, turn ½ left (weight to left) (3:00).
8 Turn ¼ left and step right to side (12:00).

41 – 48: CROSS-ROCK, SIDE, CROSS-ROCK, ¼ TURN & FWD, ROCK FWD, COASTER-STEP

- 1 – 2 Cross/rock left over right, recover to right
&3 – 4 Step left to side. Cross/rock right over left, recover to left.
&5 – 6 Turn ¼ right and step right forward (3:00). Rock left forward, recover to right.
7 & 8 Step left back, step right together, step left forward.

ENDING: PART B COUNTS 45-48 MODIFIED FOR BIG FINISH

During the final rotation, the dance ends with part b, and the last few counts are modified to give you a nice ending to face your front wall.

- 5 – 6 Rock left forward, recover to right.
7 Turn ¼ left and big step left to side (12:00).
Drag right toward left with arms out to sides